



Fellowship in Headache Medicine

COURSE CURRICULUM

FIHM Duration: 2 years (104 weeks)

Modules: 100 weeks for 2-year course. 1 week holiday. 1 week exam, 2 weeks training

LIVE LECTURES

1. **MONTHLY JOURNAL CLUB:** Each registered participant is required to present at least 1 journal article
2. **MONTHLY OPEN HOUSE:** Each registered participant is required to present at least 1 case

Module 1: Week 1 to 4

HISTORY-TAKING AND EXAMINATION IN HEADACHES AND FACIAL PAINS

1. Approach To Headache and Facial Pain
2. Clinical Methods in Orofacial Pain
3. Cognitive Biases in Headache Medicine
4. Clinical Examination in Headache

Module 2: Week 5 to 25

MIGRAINE

1. Migraine Classification Fiasco
2. Migraine Pathophysiology
3. Migraine Mimics: Part 1
4. Migraine and Mimics: Part 2
5. Medication Overuse Headache



6. Myofascial Pain and Migraine
7. Spectrum Of Migraine Manifestations
8. Vertiginous Migraine
9. Refractory Migraine
10. CGRP And Other Potential Targets in Migraine
11. CGRP Antagonism in Migraine
12. CGRP Side Effects
13. Acute Migraine Treatment
14. Status Migrainosus
15. Oral Preventatives in Migraine
16. Childhood Episodic Syndromes
17. Pediatric Headaches
18. Refractory Pediatric Migraine
19. Cannabinoids and Psychoactive Drugs in the Treatment of Migraine
20. Migraine and Nutrition
21. Migraine In Pregnancy and Lactation

Module 3: Week 26 to 30

1. Trigeminal Autonomic Cephalalgias
2. Combination Treatments in Migraine and Cluster Headache
3. Trigeminal Autonomic Cephalalgias
4. Cluster Headache
5. Short-Lasting Headaches

Module 4: Week 31 to 35

VASCULAR AND WORST EVER HEADACHES

1. Thunderclap Headaches
2. Headaches in the Emergency Department: Case studies
3. Headaches in Neurovascular Disease



4. Giant Cell Arteritis
5. Spontaneous Intracranial Hemorrhage

Module 5: Week 36 to 50

1. Inpatient Headache Management
2. Non-Heuristic Approach to Headaches and Facial Pains
3. Comorbidities With Headache and Their Management
4. Bipolar And Borderline Personality in Patients with Headache
5. New Daily Persistent Headache
6. Headache Myths and Controversies
7. Indomethacin Responsive Headaches
8. Secondary Headaches
9. Idiopathic Intracranial Hypertension
10. Headache And Eye Disorders
11. Facial Pain
12. Neuromodulation
13. Pain From Around the Oral Cavity Part 1
14. Pain From Around the Oral Cavity Part 2
15. Concussion

Module 6: Week 51 to 57

1. Headaches Associated with Trauma: Dr. Giuseppe Bonavina
2. Headache In Infections: Dr. Leon Moskatel
3. Headache In Sleep Disorders Part 1: Dr. Pravin Thomas
4. Headache In Sleep Disorders Part 2: Dr. Pravin Thomas
5. Headache And Psychiatric Comorbidities: Dr. Mark Green
6. Flaws In the Trigeminovascular System: Dr. Elliot Shevel
7. Placebo And Nocebo in Pain: Dr. Mark Green



Module 7: Week 58 to 69

1. Open House Case Discussion
2. A Potpourri of Headache Cases
3. Interesting Case Discussion
4. Open House Case Discussion
5. Open House Case Discussion
6. Open House Case Discussion
7. Open House Case Discussion
8. Open House Case Discussion
9. Grand Rounds
10. Open House Case Discussion
11. Open House Case Discussion
12. Open House Case Discussion

Module 8: Week 70 to 82

1. Update on CADASIL
2. Uncommon headaches
3. Nerve blocks
4. Fluoroscopy guided Procedure for Head and Neck Pain
5. Medical Acupuncture in Headache
6. How to prepare Botulinum toxin for injections
7. Headache in pediatric age groups
8. Complementary and alternative medicine in headaches
9. Intractable headaches in children
10. Headache in infections
11. Interesting case discussion
12. Incidental findings in MRI of headache patient
13. Non-trigeminal cranial cervical neuropathies





Module 9: Week 83 to 90

RESEARCH

1. How To Do a Systematic Review
2. Formulating Research Ideas into Successful Grant Proposals
3. Steps In Research Process
4. Introduction To Fundamental Concepts in Statistics
5. Descriptive Statistics
6. Cross Sectional and Correlational Studies
7. Case Control Studies
8. Cohort Studies

Module 10: Week 91 to 100

1. Exertional Headaches
2. Environment-Related Headaches
3. CSF Leak Headaches
4. Hormone and Chemical-Related Headaches
5. Seizure-Related Headaches
6. Ear Pain
7. Headaches With Cognitive Dysfunction
8. Immune-Mediated and Demyelination-Related Headaches
9. Trigeminal Neuralgia
10. Headaches And Sinuses of the Head

